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Q4(b)**Draw the current population pyramid of India. What policy measures would you recommend for population dynamics to achieve sustainability?**

UPSC Civil Services Mains 2026 · Sociology GS 2 · 20 marks · Population Dynamics

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Population Dynamics: Population size, growth, composition and distribution; Components of population growth: birth, death, migration; Population policy and family planning; Emerging issues: ageing, sex ratios, child and infant mortality, reproductive health.

Facts & figures for this PYQ only.

Numbers move. Confirm the latest Budget, Economic Survey or census round.

Total Fertility Rate (TFR)

National TFR has declined to 2.0, falling below the replacement level of 2.1 as per National Family Health Survey-5.

National Commission on Population

Mandated to oversee the implementation of the National Population Policy and coordinate demographic strategies.

Elderly Population Projections

India's elderly population (aged 60 and above) is projected to reach 20 percent of the total population by 2050.

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