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Q5(c)**Clarify how the family planning programmes have taken a political 'U'-turn in present India.**

UPSC Civil Services Mains 2026 · Sociology GS 2 · 10 marks · Population Dynamics

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Population Dynamics: Population size, growth, composition and distribution; Components of population growth: birth, death, migration; Population policy and family planning; Emerging issues: ageing, sex ratios, child and infant mortality, reproductive health.

Facts & figures for this PYQ only.

Numbers move. Confirm the latest Budget, Economic Survey or census round.

National Population Policy, 2001

Affirmed a target-free approach emphasizing reproductive health and voluntary contraception choices.

National Family Health Survey-5 (NFHS-5)

Recorded India's Total Fertility Rate (TFR) dropping to 2.0, below the replacement level of 2.1.

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