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Q1(b)**Canalization and catch-up growth.**

UPSC Civil Services Mains 2026 · Anthropology GS 1 · 10 marks · Factors affecting growth and development

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Factors affecting growth and development: genetic, environmental, biochemical, nutritional, cultural and socio-economic.

Facts & figures for this PYQ only.

Numbers move. Confirm the latest Budget, Economic Survey or census round.

Waddington's Epigenetic Landscape

Classical biological model explaining how genetic channels buffer developmental pathways against environmental perturbations.

Prader et al. (1963)

Pioneering clinical studies on catch-up growth demonstrating accelerated velocity following illness recovery.

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