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Prelims PYQ, Mains model answers, and copy evaluation. Write to the desk for this paper, a doubt, or the AI waitlist.

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Q2(c)

Critically comment on the lifestyle diseases and their impact on human health.

UPSC Civil Services Mains 2024 · Anthropology GS 1 · 15 marks · Epidemiological Anthropology

9.8 Epidemiological Anthropology: Health and disease. Infectious and non-infectious diseases, Nutritional deficiency related diseases.

Facts & figures for this PYQ only.

Numbers move. Confirm the latest Budget, Economic Survey or census round. This sheet is for revision, not a substitute for the model answer.

<https://wrapexams.com/upsc/mains-answers/anthropology-gs-1/2024/critically-comment-on-the-lifestyle-diseases-and-their-impact-on-human-health/>

Epidemiological transition

Omran described changing mortality from pestilence and famine toward chronic degenerative disease; overlapping burdens complicate the sequence.

Developmental origins

Barker's work links fetal and early-life environments to later cardiometabolic risk through developmental plasticity.

Nutrition transition

Popkin describes dietary and activity shifts associated with urbanisation, processed food systems and rising obesity and NCD risk.

Syndemics

Singer's framework studies interacting diseases whose co-occurrence and severity are intensified by adverse social conditions.

Double burden

Undernutrition and infection can coexist with obesity and diabetes within the same population, household or life course.

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