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Prelims PYQ, Mains model answers, and copy evaluation. Write to the desk for this paper, a doubt, or the AI waitlist.

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Q6(c)

Critically evaluate the reasons of reduction in age at menarche in human females over the successive generations

UPSC Civil Services Mains 2022 · Anthropology GS 1 · 15 marks · Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials.

11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials.

Facts & figures for this PYQ only.

Numbers move. Confirm the latest Budget, Economic Survey or census round. This sheet is for revision, not a substitute for the model answer.

<https://wrapexams.com/upsc/mains-answers/anthropology-gs-1/2022/critically-evaluate-the-reasons-of-reduction-in-age-at-menarche-in-human-females-over-the-successive-generations/>

Tanner

Documented secular acceleration of growth and maturation in industrial countries.

Leptin

A fat-related signal implicated in the nutritional gating of puberty.

NFHS

Indian surveys still show later menarche where undernutrition persists.

Secular trend

A generation-scale shift in size and timing, reversible if conditions worsen.

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