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Q7(c)

What is Anthropometry? Discuss its role in assessing the nutritional status and sports capability of a person

UPSC Civil Services Mains 2021 · Anthropology GS 1 · 15 marks · Applications of Anthropology

12. Applications of Anthropology: Anthropology of sports, Nutritional anthropology, Anthropology in designing of defence and other equipments, Forensic Anthropology, Methods and principles of personal identification and reconstruction, Applied human genetics-Paternity diagnosis, genetic counselling and eugenics, DNA technology in diseases and medicine, serogenetics and cytogenetics in reproductive biology.

Facts & figures for this PYQ only.

Numbers move. Confirm the latest Budget, Economic Survey or census round. This sheet is for revision, not a substitute for the model answer.

<https://wrapexams.com/upsc/mains-answers/anthropology-gs-1/2021/what-is-anthropometry-discuss-its-role-in-assessing-the-nutritional-status-and-sports-capability-of-a-person/>

Tanner

Growth charts and stages that made child anthropometry clinically usable.

BMI

Weight over height squared; a population screen, weak on athletes with high muscle.

Heath-Carter

Anthropometric somatotype used in sports morphology.

Stunting

Low height-for-age; a UN and Indian public-health marker of chronic undernutrition.

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