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Prelims PYQ, Mains model answers, and copy evaluation. Write to the desk for this paper, a doubt, or the AI waitlist.

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Q5(d)

Menopause and its impact.

UPSC Civil Services Mains 2015 · Anthropology GS 1 · 10 marks · Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials.

11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and differentials.

Facts & figures for this PYQ only.

Numbers move. Confirm the latest Budget, Economic Survey or census round. This sheet is for revision, not a substitute for the model answer.

<https://wrapexams.com/upsc/mains-answers/anthropology-gs-1/2015/menopause-and-its-impact/>

Twelve-month rule

Clinical menopause is twelve months of amenorrhoea without other cause.

Hawkes

Hadza work linked grandmothers' foraging to grandchild survival.

Osteoporosis

Post-menopausal bone loss is a major public-health impact.

HRT

Hormone therapy can ease vasomotor symptoms; risk-benefit is individual.

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