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Daily news summary**FSSAI Front of Pack Labelling Regulations**

UPSC Civil Services · 29 August 2026 · Prelims and Mains

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WHY IN NEWS

- FSSAI submitted an affidavit to the Supreme Court proposing front-of-pack red pictorial warning labels for packaged foods high in fat, sugar, and salt (HFSS).

WHAT IS THE REGULATORY CONTEXT?

- FSSAI regulates packaged food standards under the **Food Safety and Standards Act, 2006**.
- Earlier regulations required nutritional information on the back of packs, which was criticized for low readability and lack of immediate risk indication.

KEY PROVISIONS PROPOSED

- Mandatory red pictorial warnings on the front of packages exceeding prescribed limits for saturated fat, total sugar, and sodium.
- **Before:** Nutritional composition was printed in fine text on the rear panel without standard threshold warnings.
- **After:** Standardized color-coded warning badges must appear prominently on the front display panel.

WHY IT MATTERS

- Empowers consumers with immediate warning markers to combat rising non-communicable diseases (NCDs) like diabetes and cardiovascular disorders.
- Creates clear compliance standards for food processing industries.

KEY TERMS

- **HFSS Foods:** Packaged food items containing high levels of saturated fat, sugar, or sodium above prescribed threshold limits.
- **FSSAI:** Autonomous statutory body established under the **Food Safety and Standards Act, 2006** under the Ministry of Health and Family Welfare.

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PRELIMS FACTS

FSSAI is a statutory body under the Ministry of Health and Family Welfare.

MAINS DISCUSSION

- Public health interventions to reduce Non-Communicable Diseases through regulatory control over processed foods.

KEY DATA

- **Parent Act:** **Food Safety and Standards Act, 2006** - Establishes FSSAI and empowers it to enforce food safety rules across India.
- **Administrative Ministry:** Ministry of Health and Family Welfare - Prelims questions often check the ministry governing statutory health regulators.

[Official source](#)

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